### POZNAN UNIVERSITY OF TECHNOLOGY



#### EUROPEAN CREDIT TRANSFER AND ACCUMULATION SYSTEM (ECTS)

pl. M. Skłodowskiej-Curie 5, 60-965 Poznań

### **COURSE DESCRIPTION CARD - SYLLABUS**

Course name

Work psychology

Field of study Year/Semester

Safety engineering 1/1

Area of study (specialization) Profile of study

Level of study general academic

Course offered in

First-cycle studies Polish

Form of study Requirements full-time compulsory

Number of hours

Lecture Laboratory classes Other (e.g. online)

15 0 0

Tutorials Projects/seminars

15 0

**Number of credit points** 

2

Lecturers

Course

Responsible for the course/lecturer: Responsible for the course/lecturer:

dr hab. Joanna Sadłowska-Wrzesińska dr inż. Żaneta Nejman

Institute of Safety Engineering email: zaneta.nejman@gmail.com

Risk and Quality Management Department

email: joanna.sadlowskawrzesinska@put.poznan.pl

**Prerequisites** 

The student has basic knowledge at the high school level and is interested in security issues and analyze cause-and-effect relationships in the area of health and safety and is aware of the importance of human behavior in the process of ensuring work safety.

### **Course objective**

The aim of the course is to familiarize students with the essence and tasks of work psychology in the context of building a safe work environment; presenting key behavioral mechanisms as well as methods of counteracting contemporary psychosocial occupational threats.

### **Course-related learning outcomes**

Knowledge

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- The student knows the issues of management and organization in combination with issues and concepts specific to occupational psychology. P6S WG 08

#### Skills

- The student is able to properly choose the sources and information derived from them and based on them to analyze and evaluate organizational phenomena in the context of the basic assumptions of occupational psychology, with particular emphasis on key components of safe behavior P6S\_UW\_01

# Social competences

- The student is aware of the recognition of the importance of knowledge in the field of work psychology in solving problems in the field of safety engineering and continuous improvement in this area
   P6S KK 02
- The student is aware of the responsibility for their own work, is ready to work in a team and to be responsible for tasks carried out jointly in solving problems in the field of work safety and ergonomics P6S KR 02

# Methods for verifying learning outcomes and assessment criteria

Learning outcomes presented above are verified as follows:

## fforming assessment:

- knowledge is verified by short tests after the third and fifth didactic unit (basic concepts and their use in problem situations);
- social skills and competences are verified by issuing partial grades resulting from: teamwork; rewarding activity; independent problem solving.

# Summative rating:

knowledge is verified by a written test on basic concepts and problems of work psychology, embedded in the framework of security engineering - 50% + 1;

exercises - average of partial grades.

# **Programme content**

The essence and tasks of work psychology. Basic concepts. 2.Psychology of vocational selection.
 Adequacy between man and work situation - a model of professional adaptation (Janina Karney).
 Regulatory and energy aspect of work. 3. Task activity of man. Difficult situations according to
 Tomaszewski. 4. Work and organization. Organizational Culture. Cultural and social sources of behavior.
 Theories of motivation. Motivating for safe behavior. 6. Interpersonal efficiency - selected aspects.
 Communication in the organization and information flow. 7. Contemporary pathologies of the work environment. Prevention of psychosocial risks.

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#### **Teaching methods**

- -lecture
- informative lecture, conversational lecture,

#### exercises

- displaying methods (film, show), seminar discussion, team work, case study.

# **Bibliography**

#### **Basic**

- 1. Schultz, D., Schultz, S.E., Psychologia a wyzwania dzisiejszej pracy, Warszawa: PWN, 2006.
- 2.Ratajczak, Z., Psychologia pracy i organizacji, Warszawa: PWN, 2007.
- 3.Sadłowska-Wrzesińska J., Nejman Ż., Zaangażowanie pracowników jako predyktor bezpiecznych zachowań w organizacji, , w: Sadłowska-Wrzesińska J. (red.), Bezpieczeństwo XXI wieku. Szanse Zagrożenia Perspektywy. Aspekty bezpieczeństwa pracy. Poznań, Wydawnictwo Naukowe Silva Rerum, 2020.
- 4. Sadłowska-Wrzesińska, Lewicki L. (red.), Podstawy bezpieczeństwa i zdrowia w pracy, Wydawnictwo WSL, Poznań 2018.

#### Additional

- 1. Terelak J.F., Psychologia organizacji i zarządzania, Wydawnictwo Difin, Warszawa 2005.
- 2. Tarniowa-Bagieńska M., Siemieniak P., Psychologia w zarządzaniu, Wyd. Politechniki Poznańskiej, 2010.

### Breakdown of average student's workload

	Hours	ECTS
Total workload	60	2,0
Classes requiring direct contact with the teacher	30	1,0
Student's own work (literature studies, preparation for laboratory	30	1,0
classes/tutorials, preparation for tests/exam, project preparation) <sup>1</sup>		

<sup>&</sup>lt;sup>1</sup> delete or add other activities as appropriate